



KNAPTON NEWS

Welcome to the Knapton News, it has been decided to produce this special edition to cover the exceptional circumstance we find ourselves. The Chairman of the Parish Council Peter Neatherway has put together an informative leaflet which is included into this edition of the news. As editor I am conscious that there are residents in our village who may not have internet access or wish to have, hence the information coming to you in this format. For those who have internet access please keep up to date via our village website which can be found at <https://knaptonvillage.org/> Follow us on Twitter @KnaptonParish. Or Like us on Facebook @KnaptonParishCouncil, we need plenty of hit please!

The current crisis has shown how as a village we can all work together helping one another, whether it be by getting shopping etc or sharing shopping deliveries. The Knapton Angels have been constantly busy during the last few weeks and thanks to John Lawton for being the co-ordinator of volunteers, most of you should have had the leaflet through your door a few weeks ago, Peter our Chairman has reproduced this as a poster and it is now on various telegraph poles throughout the village. If you just need someone to talk to do ring the Knapton's Angels number, we are listening to you!

A plea to those who are in need of help because of being without work with no money coming in, the Parish Council in Knapton has responsibility for the Government Hardship Fund, if you are in need of help please don't hesitate, just contact Knapton Angels number in complete confidence, we are here to help everyone.

**If you are self-isolating
we can help to**

This service is being provided by **Knapton Parish Council**
You can find out more about how we can help at
www.knaptonvillage.org

- pick up urgent shopping
- pick up urgent supplies
- pick up prescriptions
- post parcels or letters

Knapton's Angels
01263 363456

Call us Mon-Fri between 9am-3pm

- one of our councillors will •
- respond as quickly as •
- possible to do all they •
- can to help you •

Stay Safe

Be vigilant and wary of strangers offering help
Always ask to see ID, preferably through a window

All of our councillors carry a photo ID badge

You can verify our councillors Photo ID on-line at:
https://knaptonvillage.org/parish_council/#kpcs

With the VE Day Celebrations cancelled due to the Coronavirus we are in this edition of Knapton News celebrating in print those who gave their lives for our freedom. The History Group who are the font of all knowledge on village history has put together a short piece to commemorate the VE Day celebrations.

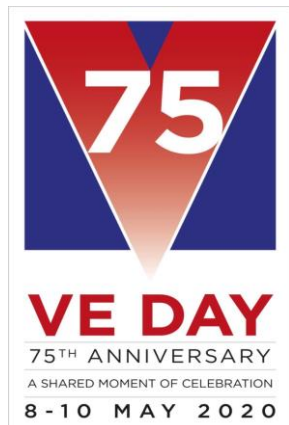
If there is anyone out there who would like to be involved in the Knapton News please get in touch. The Editorial Team would like to thank everyone who has supported our efforts, and may they long continue. Please send all articles, events or items to the dedicated email address which is:
knaptonnews@outlook.com

We are grateful to Shell, Interconnector, Perenco and National Grid for their kind sponsorship of this publication.



Interconnector





The 8th of May 1945 was the date the Allies celebrated the defeat of Nazi Germany formally recognising the end of the Second World War in Europe. This became known as VE (Victory in Europe) Day.

Knapton celebrated with a Barn Dance held in the big thatched barn at Church Farm then owned by Mr Norman May the grandfather of Steve Hammond. The barn was decorated with flowers and the event was much appreciated by all who attended the event.

When the men and women, who had been on active service, returned to the village a social was held in what is now known as the Village Hall. The invite

read:

'WELCOME HOME The people of Knapton invite you and your family to a Social in KNAPTON PARISH ROOMS at 7 o' clock on Saturday 8th June 1946.'

The following men are commemorated on our War Memorial:

Rifleman Sydney E Woolsey was in the 7th Bn King's Royal Rifle Corp. He was born in 1918 in Knapton and died Calais on the 26th May 1940 and buried at Marck (Les Hemmes) Churchyard, Calais. He is also commemorated on the Croydon War memorial. We believe he was living in Croydon before he joined up, possibly living with his half-sister, May Elizabeth Frances (nee Wild), who was living there with her husband and child before 1939. He attended Paston Grammar School (now known as Paston 6th Form College) and is listed on the School's Roll of Honour.

Corporal Frederick Watts of the Royal Ulster Rifles was killed on Sunday 14th January 1945 aged 27 Years. The Watts family had lived at 3 Council Houses, Knapton and his mother, at one time, being the cleaner at Knapton School. Siblings were Victor, Stanley, and sister Miriam. His mother, Annie Elizabeth was widowed in 1939. He is commemorated at Imphal Cemetery in India. (Imphal is the capital of Manipur State in N E India and borders on upper Myanmar {Burma}).

Flying Officer Thomas Reader Russell Wood of the Royal Air Force Volunteer Unit 115 Sqdn.: Date of Death: 3rd June 1942. Cause, loss, and crash site are not established. He was flying a Wellington Bomber and four of those killed are commemorated on the Runnymede Memorial, but F/O Wood is buried in Becklingen War Cemetery and appears on Knapton's War Memorial. (NB Becklingen War Cemetery is a military cemetery located in the state of Lower Saxony in north Germany on the Lüneburg Heath).

He received the posthumous award of the Distinguished Flying Cross for services rendered as a pilot a year after his death. He was the son of BR Wood, Conservator of Forests in Cameroon. Attempts to find out why his name is on our Memorial have been in vain.

Some notes from Richard Wild recalling some of the events he was told about the village during the war.

'A few of the women in the village joined the Land Army and worked on local farms whilst others worked in ammunition factories. The women who stayed at home were busy knitting for the troops, making jams and preserves and collecting salvage.

Some of the men joined the Home guard and exercised with other local villages whilst some became Air Raid Wardens going round the village making sure the households had their windows blacked out. Knapton was a farming village and the farmers and farm workers worked hard to produce the food which was need for the country. Later in the war there were German and Italian Prisoners of War working on the farms at the grain and potato harvest times.

Troops were billeted in nearby villages, the nearest being Swafeld Hall. Pigney's Farm was used for training and the village school used for housing troops on manoeuvres. The American Air Force were station nearby and on Thanksgiving Days came to the school to give a talk about their country. The highlight of their visit was the chocolate and sweets which were given out before they returned to their base.

Some evacuees came to Knapton in 1939, mostly from the London area, but most went back home when it was safe to do so.

Knapton got off lightly with the odd bomb falling in open fields. An aircraft crashed in 1943 at the end of White House Farm Loke. The crew were killed.

Anti-Aircraft guns were located behind the school but how often they were used Richard doesn't know.'

In the current circumstances, due to the COVID-19 virus, the people of Knapton have shown us that the British spirit is still alive with neighbours helping neighbours, our Knapton Angels and our Thursday 8.00pm appreciation of the NHS and all our Key Workers. Long may it last.

Knapton History Club

Church Warden's Whispers

The Church is closed for services at the present, but services for the whole of the Trunch Group of churches are being held via the internet.

Trunch Group Virtual Services

ALL WELCOME.

via ZOOM on your Computer, Smart Phone or Tablet.

Join Zoom Meeting

<https://trunchgroup.org/whats-on/>

Meeting ID: 987 5528 3604

Password: 087440

A Schedule of when the services are, and their content is on the church notice board.

For further information and bookings for Baptisms, Weddings and Funerals please contact the Rector Revd Andrew Jones on 01263 722218.

Knapton Village Hall :

Closed at the present time.

New Hire Charges from 1st April

Sessions : Morning 9:00 a.m. to 1:00 p.m.
Afternoon 1:00 p.m. to 5:00 p.m.
Evening 5:00 p.m. to 9:00 p.m.

Village Hire: (i.e. Clubs)

£12.00 per session without heating - Heating £1 per hour.

Private Hire: - Functions etc

£30.00 without heating – Heating £1 per hour

Organisations outside village: (morning or afternoon)

£20.00 without heating – Heating £1 per hour

Table Hire only: £20.00 (All) Hire of Chairs £1 per chair.

All booking enquiries to Mrs Mary Renwick-Forster (Booking Secretary) on 01263 720 908

TALES FROM THE COMPOST HEAP.

It's May already. First, I do hope you are keeping well at this awful time. But there is a lot to do on the allotment and our gardens. We are battling with the weeds as always.

A good fertilizer is made with nettles, comfrey and borage, chop them up and put them in a bucket of water and add one ladle full of this smelly concoction to a watering can then sit back and watch the plants

"smile". Also, I saw on the Beechgrove gardening programme how to make potting compost. Sieve some homemade compost and sieve some leaf mould then add some sand, about two scopes, then add the sieved compost and leaf mould until it looks like the soil we buy in the bag. We are never too old to learn new things. These recipes are because we can't get to the garden centre's hope, they are helpful to you all.

The tomato plants I put in the polytunnel are looking well. There are loads of green plants to put in, be sure to firm them in. The garlic and onions are growing well in the pots, ready to go in the ground they will have a nice root system which will give them a flying start.

We still have a few apples and potatoes from last season they are a bit soft but we will have used them all by the end of May.

In these uncertain times the allotments and gardens are increasingly important.

Keep sowing and digging for Victory, these troubled times won't last forever.

KEEP WELL,

Green Fingers.

The Parish Council has been asked by the **Domestic Abuse and Sexual Violence Board (DASVB)** to distribute this information within our community.

Domestic Abuse

The [Pandora Project](#), which offers advice, support and information to adults and children affected by domestic abuse, working across West and North Norfolk, have launched a new on line live chat service to support victims of domestic abuse. The phone number for any woman needing advice or support is: **07856 812610**

The service is currently available Monday to Friday, 1-3pm with 3 operators working simultaneously to offer advice and support around domestic abuse issues.

All Victims of Crime

[Victim Support](#) This **24/7** online support service will be available to all victims of crime in England and Wales. This will meet the support needs for all victims of crime such as those impacted by **Hate Crime, Scams & Fraud** and **Domestic Abuse**. Visit www.victimsupport.org.uk/live-chat for more information.

If you are in **immediate danger** you should call **999**. Police **101** is the non-emergency number.

Parish Council Report – May 2020

Since the last report there have been enormous changes. We all find ourselves in lockdown and the world has gone wonderfully quiet, which is one of the few good things to come out of this.

Knapton Parish Council is pleased to welcome Keith Lawrence, who joined us in April, following the retirement of David Bishop-Laggett. David had been both a parish councillor and chairman for many years and we extend our thanks and warmest best wishes to him.

We have held two meetings by video link. These have gone remarkably well thanks to the tireless work by Peter Neatherway, our Chairman and John Lawton, PC member, who understand these things.

Obviously, all plans for speed machines, speed restrictions and alterations to the junction at Hall Lane have gone on hold, as has so much else. However, the good news is that work on the mains drainage system for Knapton has been approved to start in January 2021.

Since lockdown, the Parish Council has founded the Knapton Angels. The Angels are there to help any resident with needs such as shopping, visiting the post office etc and have received good publicity via the EDP. We have received a government grant for this, which is available to anyone in the village who might be suffering hardship as a result of lock down.

The Parish Council is providing another dog bin, to be sited at Knapton Green. Please do **NOT** put any dog waste in the litter bin. Currently this is emptied by a kindly resident. No more need be said. Except - it is sad to see dog waste bagged and left by the path, or worse, tossed into private property. If the cap fits.....

We hope to see the country back on its feet soon, in the meantime, keep safe and keep healthy and don't forget, the Angels are here to help.

Dee Holroyd
Parish Clerk

CHAIRMAN'S REPORT

I hope you are all well and safe in these horrible times.

When I sat down to write this and looked back over the last twelve months, I was amazed at how much the council has achieved. It has had a very busy year.

When Pat and I were elected last year, we decided to deal with as many of the difficult issues as we could. The ones that kept re-appearing on the council's monthly agenda month after year but never got resolved. And we have done just that.

For example, the children's playground, an agenda item that went back years, has been extended, new play frames added and is now fully refurbished. We have added new benches (in the playground and The Street), added security cameras to monitor the allotment, are in the process of refurbishing both the Knapton and Knapton Green village signs and are refurbishing the Millennium Beacon to get it ready for its new home.

We have worked closely with Victory Housing to minimise the impact of the build on local residents and acquired a brand-new village car park for users of the Village Hall.

We have new, bigger and better website that brings together the council, our church and the Village Hall all in one place, we've put ourselves on Facebook and Twitter, created a village email system for faster and efficient response and have an active presence on the local NextDoor website.

We also set about re-modelling the Hall Lane / Knapton Road junction and extending the 30mph speed limit in Hall Lane, both of which have been agreed by Highways and the Police and are both now at Highways' planning stage and we hope to have completed by next Easter, Coronavirus permitting. The SAM2 Mobile Speed Awareness unit is also agreed and we are waiting for NNDC to finalise things. In all three cases, we have the funds in place. We are also supporting Tracey and her Speed Watch team, and this too has been agreed by the Police and is going to happen soon.

Oh, and we setup the incredibly successful Knapton Angels volunteer group to help all of our vulnerable residents to stay safe from the Coronavirus.

So yes, it's been a busy year with all of this only been possible thanks to the great team we now have on the council and our new Councillors, Liz Winter and Keith Lawrence have both hit the ground running.

But there is still so much we want to do and the next twelve months will probably be even busier as we complete the projects above, deal with the Bus Stop, embark on our tree planting project, welcome and support the residents of Wilds Way and continue our efforts to bring the village together as one as we plan our "Knapton Together" day.

If you would like to know more about what your Parish Council is doing for you, our website has all the details and is updated daily. Why not come and see us at work at the meetings during the year, we'd love to see you.

Stay safe and contact the Angels if you need any help.

Peter Neatherway
Knapton Parish Council

KNAPTON ANGELS



CORONAVIRUS COVID-19

Advice Pack



Health Advice

The NHS has some simple advice to avoid catching or spreading COVID-19:

- Stay at home advice – [https://www.nhs.uk/ conditions/ coronavirus-covid-19/](https://www.nhs.uk/conditions/coronavirus-covid-19/)
- Wash your hands with soap and warm water often – do this for at least 20 seconds
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin straight away and wash your hands afterwards
- Try to avoid close contact with people who are unwell

Knapton Angels Response & Support

Our community is strong and resilient and during the COVID-19 situation it's where you can turn to for support.

The Knapton Angels is a volunteer support group which is led by the Parish Council and is made up of Knapton residents who are able to offer support to those parishioners who are vulnerable and self-isolating.

We can help by;

- collecting essential shopping, prescriptions and medicines
- delivering and collecting vital post and parcels
- or simply arrange a regular friendly phone call to those on their own.

If you are vulnerable or self-isolating and have no immediate support available to you - or you know of someone who is - please contact us so that we can offer support, advice and help as necessary.

Equally if you are willing and able to volunteer in any capacity, we would also like to hear from you.

Ring us 01263 363456

Email us angels@knaptonvillage.org

[Or use the Comment Form on our website](#)

Every household in our parish has received a compliment sized leaflet through their door with more details on it that looks like the one below;

**If you are self-isolating
we can help to**

- pick up urgent shopping
- pick up urgent supplies
- pick up prescriptions
- post parcels or letters

Stay Safe
Be vigilant and wary of strangers offering help
Always ask to see ID, preferably through a window

This service is being provided by **Knapton Parish Council**
You can find out more about how we can help at
www.knaptonvillage.org

Knapton's Angels
01263 363456
Call us Mon-Fri between 9am-3pm

one of our councillors will •
respond as quickly as •
possible to do all they •
can to help you •

All of our councillors carry a photo ID badge
You can verify our councillors Photo ID on-line at:
https://knaptonvillage.org/parish_council/#kpcs

Other things we can do as a community:

- Check in regularly on friends and family
- If you know someone who is self-isolating, contact them via phone and text and check that they are ok. By its very nature, self-isolation is a solitary experience and their wellbeing will likely be improved by talking to someone.
- Please be mindful with your comments and actions, so as not to cause undue concern or anxiety within our community. If you hear mis-information that may cause issues, respectfully challenge it if you're able to.
- Please be respectful of anyone you know who has been diagnosed with COVID-19 as it's likely to be an anxious time for them. Due to patient confidentiality their details will not be publicly confirmed, so please do what you can to respect and protect their privacy, and do not speculate with the local media or on social media.
- The Parish Council has advised people who are self-isolating to do what they can to avoid visitors to their home and any deliveries of groceries, medications or other shopping to be left at the door so please ensure that when you are providing support this advice is followed.

Useful Contact Numbers and Links

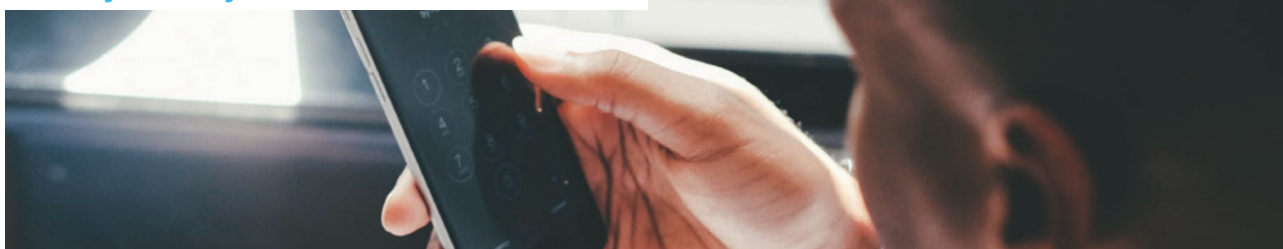
The following links provide useful, factual and regularly updated information on COVID-19, please feel free to share these with your friends and neighbours.

- Knapton Parish Council's ANGELS page <https://www.knaptonvillage.org/knaptonangels/>
- Overview of COVID-19 – what is it? www.nhs.uk/conditions/coronavirus-covid-19
- Number of COVID-19 cases in the UK, including the affected areas – information can be found at - <https://www.gov.uk/government/publications/covid-19-track-coronavirus-cases>
- Common questions and answers on COVID-19 including advice for families, prevention, how it's caught and spread, self-isolation, testing and treatment, foreign travel – www.nhs.uk/conditions/coronavirus-covid-19/common-questions
- NHS 111 – information can be found at - <https://www.nhs.uk/using-the-nhs>
- Follow the latest stay at home advice at <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- This sort of incident could cause undue pressure and anxiety. The NHS Every Mind Matters website has some really simple useful tips and advice to support good mental health – <https://www.nhs.uk/oneyou/every-mind-matters/>

- Public Health Campaign Resource Centre (you'll need to register) – <https://campaignresources.phe.gov.uk/resources/campaigns> for the latest posters, videos and social media graphics. Some are enclosed
- NHS 111 – only call **111** if you cannot get help online
- Education queries –phone the Department for Education on **0800 046 8687**
- North Norfolk District Council – **01263 513811 (between 9am – 5pm)**

Social media is a valuable tool at a time like this, but it can also contain mis information and rumour, which isn't helpful. The following Twitter (www.twitter.com) accounts will be regularly posting out the latest factual advice and information related to COVID-19:

- Public Health England – [@PHE_UK](https://twitter.com/PHE_UK)
- Department of Health and Social Care – [@DHSCgovuk](https://twitter.com/DHSCgovuk)
- Knapton PC – [@knaptonparish](https://twitter.com/knaptonparish)
- NHS England – [@NHSEngland](https://twitter.com/NHSEngland)
- Norfolk Police – [@norfolkpolice](https://twitter.com/norfolkpolice)
- Norfolk Fire & Rescue Service – [@Norfolkfire](https://twitter.com/Norfolkfire)





HM Government



Coronavirus

Wash your hands with soap and water more often for 20 seconds



Palm to palm



The backs of hands



In between the fingers



The back of the fingers



The thumbs



The tips of the fingers

Use a tissue to turn off the tap.
Dry hands thoroughly.

CORONAVIRUS

**PROTECT
YOURSELF
& OTHERS**



Coronavirus

Isolate your household

Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it's mild

- ✓ Everyone in your household must **stay at home** for 14 days and keep away from others.
- ✗ **DO NOT** go to your GP, hospital or pharmacy.
- ✓ **Go to NHS.UK** to check your symptoms and follow the specialist medical advice. Only call NHS 111 if you can't get online or your symptoms worsen.
- ✓ **Protect** older people and those with existing health conditions by avoiding contact.

Find out how to isolate your household at nhs.uk/coronavirus

CORONAVIRUS

**PROTECT
YOURSELF
OTHERS &
THE NHS**

USEFUL NUMBERS

DOCTORS

Emergency No: 111

Mundesley Medical Centre

Appointments & Enquiries Tel: (01263) 724 500 - Repeat Prescriptions Tel: (01263) 724 506

Munhaven Close, Mundesley, Norwich, NR11 8AR

Birchwood Medical Practice

Appointments and Enquiries Tel: (01692) 402 035 - Repeat Prescriptions Tel: (01692) 406 885

Park Lane, North Walsham, Norfolk, NR28 0BQ

Paston Surgery

Appointments, Enquiries & Prescriptions Tel: (01692) 403 015 - 9-11 Park Lane, North

Walsham, Norfolk, NR28 0BQ

Hospitals:

Norfolk & Norwich University Hospital (NNUH) Tel: 01603 286 286 Colney Lane, Norwich, NR4 7UY

Cromer & District Hospital (Minor Injuries Clinic only 8am to 8pm)

Tel: 01263 513 571 Mill Road, Cromer, NR27 0BQ

North Walsham & District War Memorial Hospital (No A & E)

Tel: 01692 408 070 Yarmouth Road, North Walsham, Norfolk, NR28 9AP

North Norfolk District Council

Council Offices, Holt Road, Cromer NR27 9EN 01263 513811

<http://www.north-norfolk.gov.uk/>

Norfolk County Council : 0344 800 8020 (Monday-Friday 9am-5pm)

<http://www.norfolk.gov.uk>

Water & Drainage: Anglian Water

Tel: (0845) 145 145 Freephone: (0800) 145 145

Power: Electrical

UK Power Networks - To report an electrical emergency or power cut:

Tel: 0800 783 8838

General Enquiries Tel: 0845 601 4516 - Customer Relations Tel: 0800 028 4587

New Connections Tel: 0845 234 0040

Gas Emergencies

National Gas Emergency Number Tel: 0800 111 999

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